VOZ TOTAL TELEVISION MEASUREMENT

Monday 23rd Nov 2026

Total TV Overnight Top 30 Programs

Ranked on reach

Reach totals and program rankings

Total People
People 25-54
People 16-39
Grocery Shoppers (18+)

Total People: Cumulative Reach for Monday 23rd Nov 2026

National Total TV Reach

11,778,000

Broadcast TV Reach

9,293,000

BVOD Reach

4,076,000

Total People

Total TV Overnight Top 30 Programs
Monday 23rd Nov 2026

Rank	Description	Network	Total TV National Reach	Total TV National Average Audience	BVOD National Average Audience
1	SEVEN NEWS	Seven	2,196,000	1,397,000	163,000
2	9NEWS	Nine	1,908,000	1,194,000	178,000
3	MY KITCHEN RULES - MON	Seven	1,856,000	1,097,000	205,000
4	TRAVEL GUIDES -RPT	Nine	1,484,000	640,000	90,000
5	HOME AND AWAY	Seven	1,425,000	993,000	231,000
6	A CURRENT AFFAIR	Nine	1,394,000	974,000	134,000
7	LOVE ISLAND AUSTRALIA -MON	Nine	1,378,000	625,000	461,000
8	TIPPING POINT AUSTRALIA	Nine	1,349,000	752,000	107,000
9	7.30-EV	ABC	1,298,000	864,000	65,000
10	ABC NEWS-EV	ABC	1,283,000	978,000	62,000
11	THE CHASE AUSTRALIA	Seven	1,216,000	596,000	74,000
12	SUNRISE	Seven	1,011,000	453,000	63,000
13	THE HUNTING PARTY	Seven	878,000	310,000	53,000
14	BIG BROTHER AUSTRALIA MON	10	793,000	441,000	114,000
15	I WAS ACTUALLY THERE-EV	ABC	762,000	573,000	32,000
16	SAM PANG TONIGHT	10	752,000	322,000	23,000
17	MARK OF A MURDERER-EV	ABC	740,000	423,000	24,000
18	9NEWS AFTERNOON	Nine	725,000	356,000	46,000
19	TODAY	Nine	718,000	281,000	51,000
20	HARD QUIZ S5 RPT	ABC	678,000	415,000	22,000
21	SEVEN NEWS AT 4	Seven	659,000	330,000	38,000
22	THE MORNING SHOW	Seven	587,000	264,000	40,000
23	SUNRISE -EARLY	Seven	585,000	288,000	44,000
24	NEWS BREAKFAST-AM	ABC	584,000	213,000	22,000
25	PLANET AMERICA-EV	ABC	577,000	406,000	26,000
26	10 NEWS	10	537,000	278,000	23,000
27	ABC NEWS MORNINGS-AM	ABC	522,000	108,000	12,000
28	TIPPING POINT UK -RPT	Nine	511,000	272,000	28,000
29	MILLIONAIRE HOT SEAT	10	504,000	304,000	29,000
30	10'S LATE NEWS	10	480,000	189,000	11,000

People 25-54: Cumulative Reach for Monday 23rd Nov 2026

National Total TV Reach

4,237,000

Broadcast TV Reach

2,873,000

BVOD Reach

1,883,000

People 25-54

Total TV Overnight Top 30 Programs
Monday 23rd Nov 2026

Rank	Description	Network	Total TV National Reach	Total TV National Average Audience	BVOD National Average Audience
1	SEVEN NEWS	Seven	570,000	344,000	78,000
2	LOVE ISLAND AUSTRALIA -MON	Nine	568,000	323,000	258,000
3	MY KITCHEN RULES - MON	Seven	553,000	316,000	103,000
4	9NEWS	Nine	498,000	290,000	82,000
5	TRAVEL GUIDES -RPT	Nine	441,000	203,000	45,000
6	HOME AND AWAY	Seven	439,000	311,000	120,000
7	BIG BROTHER AUSTRALIA MON	10	396,000	257,000	68,000
8	A CURRENT AFFAIR	Nine	365,000	237,000	63,000
9	SAM PANG TONIGHT	10	320,000	148,000	13,000
10	THE CHASE AUSTRALIA	Seven	293,000	145,000	35,000
11	TIPPING POINT AUSTRALIA	Nine	290,000	146,000	46,000
12	SUNRISE	Seven	288,000	129,000	33,000
13	THE HUNTING PARTY	Seven	268,000	105,000	27,000
14	TODAY	Nine	221,000	96,000	26,000
15	7.30-EV	ABC	221,000	136,000	23,000
16	ABC NEWS-EV	ABC	208,000	153,000	21,000
17	SUNRISE -EARLY	Seven	197,000	90,000	23,000
18	MILLIONAIRE HOT SEAT	10	186,000	105,000	15,000
19	10'S LATE NEWS	10	168,000	69,000	6,000
20	SEVEN NEWS AT 4	Seven	161,000	89,000	18,000
21	THE MORNING SHOW	Seven	155,000	73,000	21,000
22	9NEWS AFTERNOON	Nine	144,000	67,000	20,000
23	NEWS BREAKFAST-AM	ABC	140,000	53,000	9,000
24	10 NEWS	10	136,000	72,000	10,000
25	TODAY -EARLY	Nine	127,000	61,000	18,000
26	FRIENDS RPT	10	125,000	20,000	1,000
27	TODAY EXTRA	Nine	122,000	52,000	16,000
28	DESTINATION X	Nine	112,000	31,000	7,000
29	HARD QUIZ S5 RPT	ABC	108,000	64,000	7,000
30	MARK OF A MURDERER-EV	ABC	106,000	46,000	8,000

People 16-39: Cumulative Reach for Monday 23rd Nov 2026

National Total TV Reach

2,361,000

Broadcast TV Reach

1,352,000

BVOD Reach

1,197,000

People 16-39

Total TV Overnight Top 30 Programs
Monday 23rd Nov 2026

Rank	Description	Network	Total TV National Reach	Total TV National Average Audience	BVOD National Average Audience
1	LOVE ISLAND AUSTRALIA -MON	Nine	424,000	306,000	276,000
2	MY KITCHEN RULES - MON	Seven	213,000	110,000	52,000
3	SEVEN NEWS	Seven	211,000	122,000	38,000
4	9NEWS	Nine	204,000	113,000	38,000
5	TRAVEL GUIDES -RPT	Nine	192,000	79,000	22,000
6	BIG BROTHER AUSTRALIA MON	10	191,000	133,000	43,000
7	HOME AND AWAY	Seven	179,000	131,000	66,000
8	A CURRENT AFFAIR	Nine	134,000	81,000	30,000
9	TIPPING POINT AUSTRALIA	Nine	121,000	59,000	22,000
10	SAM PANG TONIGHT	10	119,000	46,000	7,000
11	THE CHASE AUSTRALIA	Seven	99,000	43,000	17,000
12	7.30-EV	ABC	96,000	61,000	11,000
13	SUNRISE	Seven	91,000	34,000	15,000
14	THE HUNTING PARTY	Seven	89,000	39,000	13,000
15	MILLIONAIRE HOT SEAT	10	83,000	41,000	9,000
16	ABC NEWS-EV	ABC	82,000	65,000	10,000
17	TODAY	Nine	69,000	29,000	11,000
18	10'S LATE NEWS	10	60,000	20,000	3,000
19	DESTINATION X	Nine	56,000	14,000	3,000
20	THE MORNING SHOW	Seven	53,000	24,000	10,000
21	9NEWS AFTERNOON	Nine	51,000	24,000	10,000
22	SUNRISE -EARLY	Seven	50,000	19,000	10,000
23	TODAY EXTRA	Nine	48,000	20,000	8,000
24	10 NEWS	10	47,000	22,000	4,000
25	I WAS ACTUALLY THERE-EV	ABC	46,000	34,000	5,000
26	SEVEN NEWS AT 4	Seven	44,000	24,000	9,000
27	HARD QUIZ S5 RPT	ABC	41,000	22,000	3,000
28	TIPPING POINT UK -RPT	Nine	40,000	19,000	6,000
29	THE HUNTING PARTY EP.2	Seven	36,000	24,000	6,000
30	NEWS BREAKFAST-AM	ABC	36,000	12,000	4,000

Grocery Shoppers (18+): Cumulative Reach for Monday 23rd Nov 2026

National Total TV Reach

8,702,000

Broadcast TV Reach

6,967,000

BVOD Reach

3,070,000

Grocery Shoppers (18+)

Total TV Overnight Top 30 Programs
Monday 23rd Nov 2026

Rank	Description	Network	Total TV National Reach	Total TV National Average Audience	BVOD National Average Audience
1	SEVEN NEWS	Seven	1,779,000	1,134,000	131,000
2	9NEWS	Nine	1,524,000	962,000	146,000
3	MY KITCHEN RULES - MON	Seven	1,472,000	892,000	166,000
4	TRAVEL GUIDES -RPT	Nine	1,178,000	510,000	74,000
5	HOME AND AWAY	Seven	1,153,000	806,000	187,000
6	A CURRENT AFFAIR	Nine	1,122,000	791,000	110,000
7	TIPPING POINT AUSTRALIA	Nine	1,107,000	619,000	88,000
8	7.30-EV	ABC	1,091,000	732,000	56,000
9	ABC NEWS-EV	ABC	1,071,000	819,000	54,000
10	LOVE ISLAND AUSTRALIA -MON	Nine	1,055,000	468,000	336,000
11	THE CHASE AUSTRALIA	Seven	988,000	484,000	60,000
12	SUNRISE	Seven	840,000	380,000	52,000
13	THE HUNTING PARTY	Seven	715,000	250,000	43,000
14	I WAS ACTUALLY THERE-EV	ABC	644,000	480,000	28,000
15	BIG BROTHER AUSTRALIA MON	10	638,000	361,000	94,000
16	MARK OF A MURDERER-EV	ABC	631,000	361,000	21,000
17	SAM PANG TONIGHT	10	615,000	268,000	19,000
18	9NEWS AFTERNOON	Nine	592,000	295,000	38,000
19	TODAY	Nine	580,000	228,000	43,000
20	HARD QUIZ S5 RPT	ABC	566,000	350,000	19,000
21	SEVEN NEWS AT 4	Seven	532,000	271,000	31,000
22	PLANET AMERICA-EV	ABC	501,000	352,000	23,000
23	NEWS BREAKFAST-AM	ABC	499,000	186,000	19,000
24	THE MORNING SHOW	Seven	484,000	221,000	32,000
25	SUNRISE -EARLY	Seven	482,000	246,000	36,000
26	ABC NEWS MORNINGS-AM	ABC	447,000	92,000	11,000
27	10 NEWS	10	435,000	226,000	19,000
28	TIPPING POINT UK -RPT	Nine	405,000	224,000	23,000
29	MILLIONAIRE HOT SEAT	10	401,000	238,000	24,000
30	10'S LATE NEWS	10	394,000	156,000	9,000

Notes

Source:

VOZ 5.0 National Total TV

Total TV includes National Broadcast TV (including ‘spill’*) and National BVOD.

Cumulative reach totals:

Reporting ‘When Watched’** cumulative reach 1 minute (broadcast TV) and 15 secs (BVOD) for all networks (FTA + STV), 2am to 2am for the report date.

Broadcast TV reach includes viewers who may have also watched BVOD. BVOD reach includes viewers who may have also watched broadcast TV.

Program results:

- Reporting the Top 30 ‘What Watched’** Overnight program results by Primary Description ranked on National Total TV Reach, for programs 10 minutes in length or longer, based on preliminary program log information for Free-to-Air (FTA) channels.
- Viewing to BVOD on demand content is aggregated to the related broadcast TV event that aired first (‘First Run’), for all viewing on the day of the ‘First Run’ broadcast for Overnight results. Where BVOD on demand content made available on a research day prior to the research day of the related ‘First Run’ broadcast TV event, the viewing to the BVOD on demand content on those days is not aggregated to the broadcast TV ‘First Run’ Consolidation result.
- Where the same program is broadcast across more than one channel on the same network (e.g., simulcast across Primary and Multi channels), the audience estimates are summed.

*FTA Broadcast TV ‘spill’ relates to viewing to broadcast channels transmitted from a market that is outside of the market being analysed. There are some metropolitan and regional markets that overlap. The viewing by people in an overlap area will contribute to the market that the broadcast originates from. The viewing in a non-overlap area to a broadcast from an adjacent market (‘spill viewing’) is excluded from that market. The National Total TV results in the VOZ reports includes ‘spill’ viewing that was otherwise excluded from local markets.

** **‘What Watched’** relates to measurement and reporting of viewing to broadcast TV content, whether live or in playback, attributed to the time of original broadcast. **‘When Watched’** refers to measurement and reporting of viewing to broadcaster content at the time it was viewed. Broadcast TV playback and VOD can be accumulated from content broadcast multiple weeks prior to the reference week.

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For more information on this report you can read the VOZ Guidelines and Frequently Asked Questions on our website **virtualoz.com.au**



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