



Sunday 20th Sep 2026

Total TV Overnight Top 30 Programs

Ranked on reach

Reach totals and program rankings

Total People

People 25-54

People 16-39

Grocery Shoppers (18+)



Total People: Cumulative Reach for Sunday 20th Sep 2026



National Total TV Reach

12,351,000



Broadcast TV Reach

9,897,000



BVOD Reach

4,233,000

Rank	Description	Network	Total TV National Reach 	Total TV National Average Audience	BVOD National Average Audience
1	9NEWS SUNDAY	Nine	2,779,000	1,495,000	291,000
2	THE BLOCK -SUN	Nine	2,571,000	1,460,000	341,000
3	SEVEN NEWS - SUN	Seven	2,365,000	1,436,000	157,000
4	THE VOICE - SUN	Seven	2,277,000	1,118,000	203,000
5	NRL LIVE FINAL SERIES SF2	Nine	2,026,000	1,088,000	286,000
6	60 MINUTES	Nine	1,630,000	767,000	123,000
7	7NEWS SPOTLIGHT	Seven	1,126,000	431,000	68,000
8	ABC NEWS SUNDAY-EV	ABC	1,112,000	793,000	54,000
9	NRL LIVE FINAL SERIES SF2 -PRE MATCH	Nine	1,109,000	363,000	79,000
10	WEEKEND SUNRISE - SUN	Seven	969,000	429,000	64,000
11	PORTRAIT ARTIST OF THE YEAR-EV	ABC	802,000	498,000	30,000
12	GOGGLEBOX	10	777,000	471,000	38,000
13	9NEWS LATE	Nine	776,000	434,000	66,000
14	ANTIQUES ROADSHOW-EV	ABC	683,000	230,000	15,000
15	BORDER SECURITY - AUSTRALIA'S FRONT LINE (R)	Seven	683,000	303,000	31,000
16	WEEKEND TODAY - SUNDAY	Nine	672,000	255,000	46,000
17	WEEKEND BREAKFAST-AM	ABC	666,000	177,000	19,000
18	INSIDERS-AM	ABC	664,000	464,000	64,000
19	WEEKEND SUNRISE - SUN - EARLY	Seven	624,000	323,000	51,000
20	GRAND DESIGNS: HOUSE OF THE YEAR-EV	ABC	620,000	347,000	21,000
21	THE MORNING SHOW - WEEKEND	Seven	575,000	203,000	31,000
22	10 NEWS SUN	10	560,000	260,000	18,000
23	SUNDAY FOOTY SHOW -AFL	Nine	539,000	242,000	29,000
24	LANDLINE-PM	ABC	531,000	331,000	22,000
25	WIDE WORLD OF SPORTS	Nine	474,000	195,000	33,000
26	SEVEN NEWS AT 5	Seven	472,000	276,000	33,000
27	THE FIRST 48	Nine	469,000	189,000	33,000
28	OFFSIDERS-AM	ABC	465,000	261,000	24,000
29	WEEKEND TODAY - EARLY SUNDAY	Nine	433,000	199,000	34,000
30	WATSON	10	410,000	122,000	7,000



People 25-54: Cumulative Reach for Sunday 20th Sep 2026



National Total TV Reach

4,732,000



Broadcast TV Reach

3,346,000



BVOD Reach

2,043,000



Rank	Description	Network	Total TV National Reach	Total TV National Average Audience	BVOD National Average Audience
1	THE BLOCK -SUN	Nine	1,039,000	641,000	190,000
2	9NEWS SUNDAY	Nine	1,017,000	517,000	151,000
3	NRL LIVE FINAL SERIES SF2	Nine	758,000	435,000	161,000
4	THE VOICE - SUN	Seven	619,000	287,000	100,000
5	SEVEN NEWS - SUN	Seven	612,000	337,000	74,000
6	60 MINUTES	Nine	582,000	261,000	63,000
7	NRL LIVE FINAL SERIES SF2 -PRE MATCH	Nine	423,000	142,000	43,000
8	7NEWS SPOTLIGHT	Seven	339,000	131,000	33,000
9	GOGGLEBOX	10	293,000	181,000	20,000
10	WEEKEND SUNRISE - SUN	Seven	292,000	143,000	32,000
11	9NEWS LATE	Nine	229,000	136,000	33,000
12	WEEKEND TODAY - SUNDAY	Nine	228,000	91,000	23,000
13	BORDER SECURITY - AUSTRALIA'S FRONT LINE (R)	Seven	188,000	85,000	15,000
14	WEEKEND SUNRISE - SUN - EARLY	Seven	185,000	92,000	25,000
15	THE MORNING SHOW - WEEKEND	Seven	179,000	73,000	16,000
16	SUNDAY FOOTY SHOW -AFL	Nine	175,000	81,000	15,000
17	ABC NEWS SUNDAY-EV	ABC	171,000	114,000	19,000
18	WIDE WORLD OF SPORTS	Nine	171,000	82,000	18,000
19	THE BLOCK -WED -ENCORE	Nine	169,000	59,000	14,000
20	WEEKEND BREAKFAST-AM	ABC	168,000	48,000	8,000
21	INSIDERS-AM	ABC	158,000	101,000	24,000
22	10 NEWS SUN	10	157,000	65,000	8,000
23	THE FIRST 48	Nine	150,000	65,000	17,000
24	SUNDAY FOOTY SHOW	Nine	145,000	55,000	13,000
25	FRIENDS RPT	10	139,000	24,000	1,000
26	WEEKEND TODAY - EARLY SUNDAY	Nine	138,000	65,000	17,000
27	WATSON	10	135,000	39,000	4,000
28	SEVEN NEWS AT 5	Seven	134,000	81,000	16,000
29	PORTRAIT ARTIST OF THE YEAR-EV	ABC	129,000	72,000	10,000
30	M- JURASSIC WORLD-PM (R)	Seven	129,000	31,000	4,000



People 16-39: Cumulative Reach for Sunday 20th Sep 2026



National Total TV Reach

2,473,000



Broadcast TV Reach

1,550,000



BVOD Reach

1,130,000



Rank	Description	Network	Total TV National Reach	Total TV National Average Audience	BVOD National Average Audience
1	9NEWS SUNDAY	Nine	482,000	199,000	77,000
2	THE BLOCK -SUN	Nine	455,000	292,000	102,000
3	NRL LIVE FINAL SERIES SF2	Nine	375,000	218,000	96,000
4	THE VOICE - SUN	Seven	259,000	122,000	49,000
5	60 MINUTES	Nine	234,000	101,000	30,000
6	SEVEN NEWS - SUN	Seven	227,000	113,000	35,000
7	NRL LIVE FINAL SERIES SF2 -PRE MATCH	Nine	194,000	67,000	23,000
8	7NEWS SPOTLIGHT	Seven	139,000	50,000	16,000
9	GOGGLEBOX	10	102,000	66,000	9,000
10	9NEWS LATE	Nine	86,000	52,000	15,000
11	WEEKEND SUNRISE - SUN	Seven	83,000	38,000	14,000
12	BORDER SECURITY - AUSTRALIA'S FRONT LINE (R)	Seven	79,000	28,000	8,000
13	ABC NEWS SUNDAY-EV	ABC	69,000	45,000	8,000
14	SUNDAY FOOTY SHOW -AFL	Nine	67,000	34,000	7,000
15	WEEKEND TODAY - SUNDAY	Nine	67,000	25,000	10,000
16	INSIDERS-AM	ABC	64,000	33,000	10,000
17	THE BLOCK -WED -ENCORE	Nine	56,000	19,000	7,000
18	WIDE WORLD OF SPORTS	Nine	54,000	21,000	8,000
19	THE FIRST 48	Nine	52,000	25,000	8,000
20	SUNDAY FOOTY SHOW	Nine	51,000	19,000	6,000
21	WEEKEND BREAKFAST-AM	ABC	50,000	11,000	3,000
22	FRIENDS RPT	10	49,000	6,000	1,000
23	10 NEWS SUN	10	49,000	24,000	3,000
24	WATSON	10	49,000	15,000	1,000
25	SEVEN NEWS AT 5	Seven	49,000	27,000	8,000
26	10 NEWS+	10	46,000	22,000	3,000
27	M- 8 MILE-PM	Seven	46,000	9,000	1,000
28	M- JURASSIC WORLD-PM (R)	Seven	46,000	12,000	2,000
29	THE MORNING SHOW - WEEKEND	Seven	46,000	19,000	8,000
30	WAFL: GRAND FINAL	Seven	42,000	20,000	5,000



Grocery Shoppers (18+): Cumulative Reach for Sunday 20th Sep 2026



National Total TV Reach

9,010,000



Broadcast TV Reach

7,238,000



BVOD Reach

3,260,000

Grocery Shoppers (18+)

Total TV Overnight Top 30 Programs
Sunday 20th Sep 2026



Rank	Description	Network	Total TV National Reach	Total TV National Average Audience	BVOD National Average Audience
1	9NEWS SUNDAY	Nine	2,168,000	1,185,000	237,000
2	THE BLOCK -SUN	Nine	2,037,000	1,166,000	280,000
3	SEVEN NEWS - SUN	Seven	1,915,000	1,170,000	127,000
4	THE VOICE - SUN	Seven	1,805,000	890,000	164,000
5	NRL LIVE FINAL SERIES SF2	Nine	1,553,000	838,000	227,000
6	60 MINUTES	Nine	1,318,000	623,000	101,000
7	ABC NEWS SUNDAY-EV	ABC	929,000	664,000	47,000
8	7NEWS SPOTLIGHT	Seven	913,000	354,000	56,000
9	NRL LIVE FINAL SERIES SF2 -PRE MATCH	Nine	873,000	286,000	64,000
10	WEEKEND SUNRISE - SUN	Seven	791,000	357,000	53,000
11	PORTRAIT ARTIST OF THE YEAR-EV	ABC	679,000	425,000	26,000
12	GOGGLEBOX	10	626,000	381,000	32,000
13	9NEWS LATE	Nine	626,000	349,000	54,000
14	ANTIQUES ROADSHOW-EV	ABC	577,000	194,000	13,000
15	WEEKEND BREAKFAST-AM	ABC	568,000	153,000	17,000
16	INSIDERS-AM	ABC	563,000	402,000	57,000
17	WEEKEND TODAY - SUNDAY	Nine	555,000	209,000	38,000
18	BORDER SECURITY - AUSTRALIA'S FRONT LINE (R)	Seven	552,000	250,000	25,000
19	GRAND DESIGNS: HOUSE OF THE YEAR-EV	ABC	530,000	300,000	18,000
20	WEEKEND SUNRISE - SUN - EARLY	Seven	521,000	272,000	42,000
21	THE MORNING SHOW - WEEKEND	Seven	465,000	169,000	25,000
22	10 NEWS SUN	10	459,000	210,000	15,000
23	LANDLINE-PM	ABC	450,000	281,000	20,000
24	SUNDAY FOOTY SHOW -AFL	Nine	424,000	190,000	24,000
25	OFFSIDERS-AM	ABC	397,000	225,000	22,000
26	SEVEN NEWS AT 5	Seven	383,000	226,000	27,000
27	THE FIRST 48	Nine	382,000	151,000	27,000
28	WIDE WORLD OF SPORTS	Nine	379,000	159,000	27,000
29	WEEKEND TODAY - EARLY SUNDAY	Nine	349,000	166,000	28,000
30	MY ROOMMATE, MY MURDERER: DEATH OF STEPHANIE HANSEN	Seven	337,000	174,000	22,000

Notes

Source:

VOZ 5.0 National Total TV

Total TV includes National Broadcast TV (including 'spill') and National BVOD.

Cumulative reach totals:

Reporting 'When Watched'** cumulative reach 1 minute (broadcast TV) and 15 secs (BVOD) for all networks (FTA + STV), 2am to 2am for the report date.

Broadcast TV reach includes viewers who may have also watched BVOD. BVOD reach includes viewers who may have also watched broadcast TV.

Program results:

- Reporting the Top 30 'What Watched'** Overnight program results by Primary Description ranked on National Total TV Reach, for programs 10 minutes in length or longer, based on preliminary program log information for Free-to-Air (FTA) channels.
- Viewing to BVOD on demand content is aggregated to the related broadcast TV event that aired first ('First Run'), for all viewing on the day of the 'First Run' broadcast for Overnight results. Where BVOD on demand content made available on a research day prior to the research day of the related 'First Run' broadcast TV event, the viewing to the BVOD on demand content on those days is not aggregated to the broadcast TV 'First Run' Consolidation result.
- Where the same program is broadcast across more than one channel on the same network (e.g., simulcast across Primary and Multi channels), the audience estimates are summed.

*FTA Broadcast TV 'spill' relates to viewing to broadcast channels transmitted from a market that is outside of the market being analysed. There are some metropolitan and regional markets that overlap. The viewing by people in an overlap area will contribute to the market that the broadcast originates from. The viewing in a non-overlap area to a broadcast from an adjacent market ('spill viewing') is excluded from that market. The National Total TV results in the VOZ reports includes 'spill' viewing that was otherwise excluded from local markets.

** **'What Watched'** relates to measurement and reporting of viewing to broadcast TV content, whether live or in playback, attributed to the time of original broadcast. **'When Watched'** refers to measurement and reporting of viewing to broadcaster content at the time it was viewed. Broadcast TV playback and VOD can be accumulated from content broadcast multiple weeks prior to the reference week.

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