



Friday 24th Jul 2026

Total TV Consolidated 7 Top 30 Programs

Ranked on reach

Reach totals and program rankings

Total People

People 25-54

People 16-39

Grocery Shoppers (18+)



Total People: Cumulative Reach for 24th Jul 2026 to 30th Jul 2026



National Total TV Reach

20,012,000



Broadcast TV Reach

16,263,000



BVOD Reach

10,406,000

Rank	Description	Network	Total TV National Reach ⬇	Total TV National Average Audience	BVOD National Average Audience
1	SEVEN'S AFL: FRIDAY NIGHT FOOTBALL	Seven	2,089,000	739,000	87,000
2	SEVEN NEWS	Seven	2,038,000	1,301,000	154,000
3	9NEWS	Nine	1,755,000	1,045,000	157,000
4	GLASGOW 2026 COMMONWEALTH GAMES: DAY 1 EVENING	Seven	1,682,000	670,000	95,000
5	TIPPING POINT AUSTRALIA	Nine	1,364,000	725,000	108,000
6	GLASGOW 2026 COMMONWEALTH GAMES: DAY 1 NIGHT	Seven	1,350,000	481,000	73,000
7	FRIDAY NIGHT NRL LIVE	Nine	1,306,000	526,000	110,000
8	GLASGOW 2026 COMMONWEALTH GAMES: DAY 1 LATE	Seven	1,299,000	453,000	57,000
9	THE CHASE AUSTRALIA	Seven	1,190,000	588,000	73,000
10	A CURRENT AFFAIR	Nine	1,159,000	717,000	109,000
11	SUNRISE	Seven	1,141,000	451,000	64,000
12	GLASGOW 2026 COMMONWEALTH GAMES: OPENING CEREMONY HIGHLIGHTS	Seven	1,114,000	302,000	54,000
13	ABC NEWS-EV	ABC	1,021,000	739,000	50,000
14	TODAY	Nine	862,000	326,000	57,000
15	FRIDAY NIGHT NRL LIVE -PRE MATCH	Nine	845,000	384,000	84,000
16	GLASGOW 2026 COMMONWEALTH GAMES: OPENING CEREMONY	Seven	829,000	248,000	61,000
17	MONTY DON'S RHINELAND GARDENS-EV	ABC	810,000	448,000	46,000
18	SEVEN NEWS AT 4	Seven	778,000	374,000	48,000
19	9NEWS AFTERNOON	Nine	656,000	356,000	48,000
20	NEWS BREAKFAST-AM	ABC	650,000	238,000	23,000
21	ABC NEWS MORNINGS-AM	ABC	627,000	133,000	15,000
22	HARD QUIZ S6 RPT	ABC	610,000	342,000	21,000
23	GLASGOW 2026 COMMONWEALTH GAMES: DAY 1 OVERNIGHT	Seven	591,000	184,000	35,000
24	SAINT-PIERRE-EV	ABC	576,000	409,000	47,000
25	10 NEWS	10	573,000	288,000	24,000
26	TIPPING POINT UK -RPT	Nine	549,000	301,000	29,000
27	LOVE IT OR LIST IT AUSTRALIA RPT	10	515,000	239,000	13,000
28	2026 TOUR DE FRANCE: STAGE 19 LIVE	SBS	509,000	178,000	49,000
29	FRIDAY NIGHT NRL LIVE -POST MATCH	Nine	502,000	200,000	40,000
30	SUNRISE -EXTENDED	Seven	492,000	361,000	55,000



People 25-54: Cumulative Reach for 24th Jul 2026 to 30th Jul 2026



National Total TV Reach

8,448,000



Broadcast TV Reach

6,171,000



BVOD Reach

5,269,000

Rank	Description	Network	Total TV National Reach ⬇	Total TV National Average Audience	BVOD National Average Audience
1	SEVEN'S AFL: FRIDAY NIGHT FOOTBALL	Seven	695,000	253,000	47,000
2	SEVEN NEWS	Seven	502,000	314,000	73,000
3	GLASGOW 2026 COMMONWEALTH GAMES: DAY 1 EVENING	Seven	499,000	214,000	46,000
4	9NEWS	Nine	479,000	276,000	73,000
5	GLASGOW 2026 COMMONWEALTH GAMES: DAY 1 LATE	Seven	448,000	162,000	29,000
6	FRIDAY NIGHT NRL LIVE	Nine	436,000	173,000	60,000
7	GLASGOW 2026 COMMONWEALTH GAMES: DAY 1 NIGHT	Seven	403,000	143,000	34,000
8	SUNRISE	Seven	343,000	131,000	33,000
9	TIPPING POINT AUSTRALIA	Nine	340,000	162,000	48,000
10	GLASGOW 2026 COMMONWEALTH GAMES: OPENING CEREMONY HIGHLIGHTS	Seven	322,000	99,000	25,000
11	TODAY	Nine	304,000	121,000	30,000
12	A CURRENT AFFAIR	Nine	301,000	175,000	52,000
13	GLASGOW 2026 COMMONWEALTH GAMES: OPENING CEREMONY	Seven	287,000	78,000	29,000
14	THE CHASE AUSTRALIA	Seven	286,000	140,000	33,000
15	FRIDAY NIGHT NRL LIVE -PRE MATCH	Nine	239,000	120,000	44,000
16	GLASGOW 2026 COMMONWEALTH GAMES: DAY 1 OVERNIGHT	Seven	198,000	69,000	18,000
17	SEVEN NEWS AT 4	Seven	189,000	105,000	23,000
18	FRIDAY NIGHT NRL LIVE -POST MATCH	Nine	186,000	76,000	22,000
19	2026 TOUR DE FRANCE: STAGE 19 LIVE	SBS	186,000	68,000	25,000
20	NEWS BREAKFAST-AM	ABC	185,000	74,000	11,000
21	ABC NEWS MORNINGS-AM	ABC	160,000	38,000	7,000
22	TODAY -EARLY	Nine	160,000	75,000	20,000
23	ABC NEWS-EV	ABC	157,000	111,000	18,000
24	TODAY EXTRA	Nine	152,000	59,000	18,000
25	10 NEWS	10	142,000	74,000	11,000
26	HAVE YOU BEEN PAYING ATTENTION? ENCORE	10	140,000	70,000	4,000
27	LOVE IT OR LIST IT AUSTRALIA RPT	10	137,000	58,000	6,000
28	MONTY DON'S RHINELAND GARDENS-EV	ABC	131,000	56,000	16,000
29	9NEWS AFTERNOON	Nine	124,000	69,000	22,000
30	HARRY POTTER AND THE ORDER OF THE PHOENIX -EV	Nine	122,000	39,000	2,000



People 16-39: Cumulative Reach for 24th Jul 2026 to 30th Jul 2026



National Total TV Reach

5,411,000



Broadcast TV Reach

3,615,000



BVOD Reach

3,073,000

Rank	Description	Network	Total TV National Reach 	Total TV National Average Audience	BVOD National Average Audience
1	SEVEN'S AFL: FRIDAY NIGHT FOOTBALL	Seven	338,000	121,000	28,000
2	GLASGOW 2026 COMMONWEALTH GAMES: DAY 1 EVENING	Seven	217,000	98,000	23,000
3	FRIDAY NIGHT NRL LIVE	Nine	210,000	87,000	35,000
4	SEVEN NEWS	Seven	202,000	117,000	36,000
5	9NEWS	Nine	188,000	101,000	34,000
6	GLASGOW 2026 COMMONWEALTH GAMES: DAY 1 LATE	Seven	176,000	78,000	15,000
7	GLASGOW 2026 COMMONWEALTH GAMES: DAY 1 NIGHT	Seven	169,000	66,000	17,000
8	TIPPING POINT AUSTRALIA	Nine	133,000	64,000	23,000
9	SUNRISE	Seven	132,000	56,000	15,000
10	GLASGOW 2026 COMMONWEALTH GAMES: OPENING CEREMONY HIGHLIGHTS	Seven	127,000	45,000	12,000
11	A CURRENT AFFAIR	Nine	118,000	69,000	25,000
12	FRIDAY NIGHT NRL LIVE -PRE MATCH	Nine	117,000	60,000	23,000
13	THE CHASE AUSTRALIA	Seven	114,000	54,000	16,000
14	GLASGOW 2026 COMMONWEALTH GAMES: OPENING CEREMONY	Seven	113,000	34,000	14,000
15	TODAY	Nine	101,000	37,000	13,000
16	GLASGOW 2026 COMMONWEALTH GAMES: DAY 1 OVERNIGHT	Seven	99,000	33,000	9,000
17	FRIDAY NIGHT NRL LIVE -POST MATCH	Nine	82,000	35,000	12,000
18	ABC NEWS-EV	ABC	79,000	57,000	8,000
19	SEVEN NEWS AT 4	Seven	77,000	41,000	11,000
20	ABC NEWS MORNINGS-AM	ABC	76,000	18,000	3,000
21	MONTY DON'S RHINELAND GARDENS-EV	ABC	74,000	27,000	8,000
22	2026 TOUR DE FRANCE: STAGE 19 LIVE	SBS	74,000	25,000	11,000
23	TODAY EXTRA	Nine	73,000	21,000	8,000
24	NEWS BREAKFAST-AM	ABC	72,000	27,000	4,000
25	SPIDEY AND HIS AMAZING FRIENDS-EV	ABC	59,000	60,000	34,000
26	LOVE IT OR LIST IT AUSTRALIA RPT	10	59,000	14,000	3,000
27	HARRY POTTER AND THE ORDER OF THE PHOENIX -EV	Nine	50,000	18,000	1,000
28	TODAY -EARLY	Nine	47,000	18,000	8,000
29	SUNRISE -EXTENDED	Seven	44,000	34,000	13,000
30	THE MORNING SHOW	Seven	43,000	27,000	10,000



Grocery Shoppers (18+): Cumulative Reach for 24th Jul 2026 to 30th Jul 2026



National Total TV Reach

13,647,000



Broadcast TV Reach

11,044,000



BVOD Reach

7,987,000

Rank	Description	Network	Total TV National Reach ⬇	Total TV National Average Audience	BVOD National Average Audience
1	SEVEN NEWS	Seven	1,634,000	1,060,000	125,000
2	SEVEN'S AFL: FRIDAY NIGHT FOOTBALL	Seven	1,595,000	564,000	69,000
3	9NEWS	Nine	1,410,000	855,000	129,000
4	GLASGOW 2026 COMMONWEALTH GAMES: DAY 1 EVENING	Seven	1,321,000	526,000	77,000
5	TIPPING POINT AUSTRALIA	Nine	1,110,000	600,000	90,000
6	GLASGOW 2026 COMMONWEALTH GAMES: DAY 1 NIGHT	Seven	1,043,000	372,000	59,000
7	GLASGOW 2026 COMMONWEALTH GAMES: DAY 1 LATE	Seven	1,021,000	353,000	46,000
8	FRIDAY NIGHT NRL LIVE	Nine	1,008,000	402,000	87,000
9	THE CHASE AUSTRALIA	Seven	970,000	484,000	59,000
10	A CURRENT AFFAIR	Nine	943,000	585,000	89,000
11	SUNRISE	Seven	931,000	364,000	52,000
12	GLASGOW 2026 COMMONWEALTH GAMES: OPENING CEREMONY HIGHLIGHTS	Seven	900,000	248,000	44,000
13	ABC NEWS-EV	ABC	856,000	619,000	44,000
14	TODAY	Nine	701,000	272,000	47,000
15	MONTY DON'S RHINELAND GARDENS-EV	ABC	687,000	391,000	41,000
16	FRIDAY NIGHT NRL LIVE -PRE MATCH	Nine	676,000	301,000	68,000
17	GLASGOW 2026 COMMONWEALTH GAMES: OPENING CEREMONY	Seven	665,000	205,000	50,000
18	SEVEN NEWS AT 4	Seven	628,000	301,000	39,000
19	NEWS BREAKFAST-AM	ABC	559,000	205,000	21,000
20	9NEWS AFTERNOON	Nine	551,000	299,000	40,000
21	ABC NEWS MORNINGS-AM	ABC	529,000	112,000	13,000
22	HARD QUIZ S6 RPT	ABC	527,000	295,000	19,000
23	SAINT-PIERRE-EV	ABC	504,000	362,000	41,000
24	10 NEWS	10	475,000	241,000	20,000
25	GLASGOW 2026 COMMONWEALTH GAMES: DAY 1 OVERNIGHT	Seven	473,000	147,000	28,000
26	TIPPING POINT UK -RPT	Nine	458,000	257,000	24,000
27	LOVE IT OR LIST IT AUSTRALIA RPT	10	421,000	204,000	11,000
28	2026 TOUR DE FRANCE: STAGE 19 LIVE	SBS	417,000	148,000	40,000
29	THE MORNING SHOW	Seven	412,000	205,000	34,000
30	SUNRISE -EXTENDED	Seven	404,000	299,000	45,000

Notes

Source:

VOZ 5.0 National Total TV

Total TV includes National Broadcast TV (including 'spill') and National BVOD.

Cumulative reach totals:

Reporting 'When Watched'** cumulative reach 1 minute (broadcast TV) and 15 secs (BVOD) for all networks (FTA + STV), 2am to 2am for the 7 days from, and including, the report date.

Broadcast TV reach includes viewers who may have also watched BVOD. BVOD reach includes viewers who may have also watched broadcast TV.

Program results:

- Reporting the Top 30 'What Watched'** Consolidated 7 program results by Primary Description ranked on National Total TV Reach, for programs 10 minutes in length or longer, based on final program log information for Free-to-Air (FTA) channels.
- Viewing to BVOD on demand content is aggregated to the related broadcast TV event that aired first ('First Run'), for all viewing on the day of the 'First Run' broadcast, and also for the subsequent seven research days for Consolidated 7 results. Where BVOD on demand content made available on a research day prior to the research day of the related 'First Run' broadcast TV event, the viewing to the BVOD on demand content on those days is not aggregated to the broadcast TV 'First Run' Consolidation result.
- Where the same program is broadcast across more than one channel on the same network (e.g., simulcast across Primary and Multi channels), the audience estimates are summed.

* FTA Broadcast TV 'Spill' relates to viewing to broadcast channels transmitted from a market that is outside of the market being analysed. There are some metropolitan and regional markets that overlap. The viewing by people in an overlap area will contribute to the market that the broadcast originates from. The viewing in a non-overlap area to a broadcast from an adjacent market ('spill viewing') is excluded from that market. The National Total TV results in the VOZ reports includes 'spill' viewing that was otherwise excluded from local markets.

** **'What Watched'** relates to measurement and reporting of viewing to broadcast TV content, whether live or in playback, attributed to the time of original broadcast. **'When Watched'** refers to measurement and reporting of viewing to broadcaster content at the time it was viewed. Broadcast TV playback and VOD can be accumulated from content broadcast multiple weeks prior to the reference week.

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