

Friday 14th Mar 2025

Total TV Consolidated 7 Top 30 Programs

Ranked on reach

Reach totals and program rankings

Total People

People 25-54

People 16-39

Grocery Shoppers (18+)



Total People: Cumulative Reach for 14th Mar 2025 to 20th Mar 2025

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National Total TV Reach

19,718,000

Broadcast TV Reach

16,716,000

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BVOD Reach

8,808,000

| ank | Description | Network | Total TV National Reach ூ | Total TV National Average Audience | BVOD National Average Audience |
|-----|---|---------|-------------------------------------|---------------------------------------|-----------------------------------|
| 1 | SEVEN'S AFL: FRIDAY NIGHT FOOTBALL | Seven | 1,765,000 | 599,000 | 52,000 |
| 2 | SEVEN NEWS | Seven | 1,761,000 | 1,065,000 | 59,000 |
| 3 | 9NEWS | Nine | 1,671,000 | 1,003,000 | 81,000 |
| 4 | FRIDAY NIGHT NRL LIVE | Nine | 1,379,000 | 597,000 | 89,000 |
| 5 | TIPPING POINT AUSTRALIA | Nine | 1,186,000 | 632,000 | 46,000 |
| 6 | ABC NEWS-EV | ABC | 1,092,000 | 745,000 | 27,000 |
| 7 | THE CHASE AUSTRALIA | Seven | 1,080,000 | 539,000 | 29,000 |
| 8 | BETTER HOMES AND GARDENS-PM | Seven | 1,039,000 | 430,000 | 24,000 |
| 9 | SUNRISE | Seven | 1,017,000 | 422,000 | 41,000 |
| 10 | GARDENING AUSTRALIA-EV | ABC | 923,000 | 502,000 | 45,000 |
| 1 | A CURRENT AFFAIR | Nine | 906,000 | 570,000 | 47,000 |
| 12 | M- THE GREEN MILE | Seven | 836,000 | 160,000 | 8,000 |
| 13 | TODAY | Nine | 826,000 | 344,000 | 41,000 |
| 14 | FRIDAY NIGHT NRL LIVE -POST MATCH | Nine | 788,000 | 250,000 | 41,000 |
| 15 | NEWS BREAKFAST-AM | ABC | 710,000 | 236,000 | 14,000 |
| 16 | 9NEWS AFTERNOON | Nine | 704,000 | 356,000 | 26,000 |
| 17 | SEVEN NEWS AT 4 | Seven | 638,000 | 314,000 | 17,000 |
| 18 | 10 NEWS FIRST | 10 | 626,000 | 279,000 | 14,000 |
| 19 | HARD QUIZ S3 RPT | ABC | 623,000 | 311,000 | 10,000 |
| 20 | THE MORNING SHOW | Seven | 605,000 | 268,000 | 25,000 |
| 21 | TIPPING POINT UK | Nine | 597,000 | 327,000 | 19,000 |
| 22 | UNDER THE VINES-EV | ABC | 581,000 | 332,000 | 28,000 |
| 23 | ABC NEWS MORNINGS-AM | ABC | 572,000 | 108,000 | 8,000 |
| 24 | AUST FIA FORMULA ONE WORLD CHAMPIONSHIP 2025 - PRACTICE 1 | 10 | 564,000 | 134,000 | 7,000 |
| 25 | THE GRAHAM NORTON SHOW | 10 | 553,000 | 162,000 | 8,000 |
| 26 | DAVID ATTENBOROUGH'S MAMMALS | Nine | 542,000 | 203,000 | 14,000 |
| 27 | THE PROJECT | 10 | 517,000 | 204,000 | 11,000 |
| 28 | SUNRISE -EARLY | Seven | 516,000 | 241,000 | 25,000 |
| 29 | FRIDAY NIGHT COUNTDOWN | Seven | 500,000 | 253,000 | 18,000 |
| 30 | TODAY EXTRA | Nine | 494,000 | 178,000 | 25,000 |



People 25-54: Cumulative Reach for 14th Mar 2025 to 20th Mar 2025

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National Total TV Reach

8,256,000

Broadcast TV Reach

6,412,000

4

BVOD Reach

4,599,000

| Rank | Description | Network | Total TV National Reach ூ | Total TV National Average Audience | BVOD National Average Audience |
|------|---|---------|-------------------------------------|---------------------------------------|-----------------------------------|
| 1 | SEVEN'S AFL: FRIDAY NIGHT FOOTBALL | Seven | 617,000 | 242,000 | 30,000 |
| 2 | FRIDAY NIGHT NRL LIVE | Nine | 487,000 | 205,000 | 53,000 |
| 3 | 9NEWS | Nine | 448,000 | 252,000 | 40,000 |
| 4 | SEVEN NEWS | Seven | 446,000 | 242,000 | 29,000 |
| 5 | SUNRISE | Seven | 322,000 | 128,000 | 23,000 |
| 6 | TODAY | Nine | 299,000 | 128,000 | 24,000 |
| 7 | TIPPING POINT AUSTRALIA | Nine | 280,000 | 135,000 | 22,000 |
| 8 | BETTER HOMES AND GARDENS-PM | Seven | 267,000 | 97,000 | 11,000 |
| 9 | M- THE GREEN MILE | Seven | 255,000 | 57,000 | 5,000 |
| 10 | FRIDAY NIGHT NRL LIVE -POST MATCH | Nine | 252,000 | 88,000 | 25,000 |
| 1 | A CURRENT AFFAIR | Nine | 248,000 | 138,000 | 24,000 |
| 12 | THE CHASE AUSTRALIA | Seven | 233,000 | 126,000 | 14,000 |
| 13 | NEWS BREAKFAST-AM | ABC | 212,000 | 77,000 | 7,000 |
| 14 | ABC NEWS-EV | ABC | 201,000 | 137,000 | 9,000 |
| 15 | SUNRISE -EARLY | Seven | 189,000 | 88,000 | 14,000 |
| 16 | THE PROJECT | 10 | 182,000 | 77,000 | 6,000 |
| 17 | FRIDAY NIGHT COUNTDOWN | Seven | 177,000 | 97,000 | 10,000 |
| 18 | THE GRAHAM NORTON SHOW | 10 | 171,000 | 52,000 | 4,000 |
| 19 | GARDENING AUSTRALIA-EV | ABC | 169,000 | 91,000 | 19,000 |
| 20 | TODAY -EARLY | Nine | 164,000 | 70,000 | 15,000 |
| 21 | 9NEWS AFTERNOON | Nine | 161,000 | 78,000 | 13,000 |
| 22 | TODAY EXTRA | Nine | 160,000 | 65,000 | 14,000 |
| 23 | 10 NEWS FIRST | 10 | 156,000 | 70,000 | 7,000 |
| 24 | FRIDAY NIGHT NRL LIVE -PRE MATCH | Nine | 155,000 | 73,000 | 17,000 |
| 25 | THE MORNING SHOW | Seven | 154,000 | 80,000 | 14,000 |
| 26 | AUST FIA FORMULA ONE WORLD CHAMPIONSHIP 2025 - PRACTICE 1 | 10 | 149,000 | 38,000 | 4,000 |
| 27 | SEVEN NEWS AT 4 | Seven | 145,000 | 73,000 | 8,000 |
| 28 | ABC NEWS MORNINGS-AM | ABC | 138,000 | 29,000 | 4,000 |
| 29 | DAVID ATTENBOROUGH'S MAMMALS | Nine | 132,000 | 43,000 | 7,000 |
| 30 | THE GRAHAM NORTON SHOW EP 2 | 10 | 130,000 | 43,000 | 3,000 |



People 16-39: Cumulative Reach for 14th Mar 2025 to 20th Mar 2025

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National Total TV Reach

5,377,000

Broadcast TV Reach

3,888,000

4

BVOD Reach

2,748,000

| ank | Description | Network | Total TV National Reach ூ | Total TV National Average Audience | BVOD National Average Audience |
|-----|---|---------|-------------------------------------|---------------------------------------|-----------------------------------|
| 1 | SEVEN'S AFL: FRIDAY NIGHT FOOTBALL | Seven | 318,000 | 139,000 | 21,000 |
| 2 | FRIDAY NIGHT NRL LIVE | Nine | 233,000 | 103,000 | 35,000 |
| 3 | 9NEWS | Nine | 181,000 | 102,000 | 19,000 |
| 4 | SEVEN NEWS | Seven | 159,000 | 77,000 | 14,000 |
| 5 | FRIDAY NIGHT NRL LIVE -POST MATCH | Nine | 120,000 | 35,000 | 15,000 |
| 6 | TIPPING POINT AUSTRALIA | Nine | 115,000 | 49,000 | 11,000 |
| 7 | TODAY | Nine | 103,000 | 45,000 | 11,000 |
| 8 | SUNRISE | Seven | 102,000 | 39,000 | 11,000 |
| 9 | NEWS BREAKFAST-AM | ABC | 100,000 | 32,000 | 3,000 |
| 10 | A CURRENT AFFAIR | Nine | 92,000 | 49,000 | 12,000 |
| 1 | BETTER HOMES AND GARDENS-PM | Seven | 91,000 | 32,000 | 5,000 |
| 12 | FRIDAY NIGHT COUNTDOWN | Seven | 90,000 | 47,000 | 6,000 |
| 13 | M- THE GREEN MILE | Seven | 78,000 | 13,000 | 2,000 |
| 14 | THE CHASE AUSTRALIA | Seven | 76,000 | 45,000 | 7,000 |
| 15 | THE PROJECT | 10 | 76,000 | 32,000 | 3,000 |
| 16 | FRIDAY NIGHT NRL LIVE -PRE MATCH | Nine | 71,000 | 32,000 | 10,000 |
| 17 | 9NEWS AFTERNOON | Nine | 63,000 | 30,000 | 6,000 |
| 18 | AUST FIA FORMULA ONE WORLD CHAMPIONSHIP 2025 - PRACTICE 1 | 10 | 62,000 | 15,000 | 2,000 |
| 19 | TODAY EXTRA | Nine | 61,000 | 25,000 | 7,000 |
| 20 | ABC NEWS-EV | ABC | 60,000 | 45,000 | 4,000 |
| 21 | SUNRISE -EARLY | Seven | 58,000 | 23,000 | 6,000 |
| 22 | ABC NEWS MORNINGS-AM | ABC | 58,000 | 12,000 | 2,000 |
| 23 | NEWS BREAKFAST: EARLY-AM | ABC | 55,000 | 24,000 | 1,000 |
| 24 | GARDENING AUSTRALIA-EV | ABC | 55,000 | 27,000 | 8,000 |
| 25 | THE GRAHAM NORTON SHOW | 10 | 54,000 | 18,000 | 2,000 |
| 26 | SEVEN NEWS AT 4 | Seven | 52,000 | 29,000 | 4,000 |
| 27 | 10 NEWS FIRST | 10 | 51,000 | 18,000 | 3,000 |
| 28 | TODAY -EARLY | Nine | 49,000 | 17,000 | 6,000 |
| 29 | DEAL OR NO DEAL RPT | 10 | 49,000 | 11,000 | 1,000 |
| 30 | SEVEN'S AFL: FRIDAY NIGHT FOOTBALL - POST GAME | Seven | 47,000 | 27,000 | 6,000 |



Grocery Shoppers (18+): Cumulative Reach for 14th Mar 2025 to 20th Mar 2025

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National Total TV Reach

13,179,000

Broadcast TV Reach

11,087,000

4

BVOD Reach

6,790,000

| nk | Description | Network | Total TV National Reach ூ | Total TV National Average Audience | BVOD National Average Audience |
|----|---|---------|-------------------------------------|---------------------------------------|-----------------------------------|
| 1 | SEVEN NEWS | Seven | 1,416,000 | 871,000 | 47,000 |
| 2 | SEVEN'S AFL: FRIDAY NIGHT FOOTBALL | Seven | 1,332,000 | 448,000 | 39,000 |
| 3 | 9NEWS | Nine | 1,315,000 | 794,000 | 66,000 |
| 4 | FRIDAY NIGHT NRL LIVE | Nine | 1,028,000 | 443,000 | 69,000 |
| 5 | TIPPING POINT AUSTRALIA | Nine | 944,000 | 513,000 | 38,000 |
| 6 | ABC NEWS-EV | ABC | 910,000 | 621,000 | 24,000 |
| 7 | THE CHASE AUSTRALIA | Seven | 885,000 | 448,000 | 24,000 |
| 8 | BETTER HOMES AND GARDENS-PM | Seven | 832,000 | 346,000 | 19,000 |
| | SUNRISE | Seven | 814,000 | 340,000 | 34,000 |
| 0 | GARDENING AUSTRALIA-EV | ABC | 769,000 | 424,000 | 40,000 |
| D | A CURRENT AFFAIR | Nine | 716,000 | 459,000 | 38,000 |
| 2 | M- THE GREEN MILE | Seven | 670,000 | 131,000 | 7,000 |
| 3 | TODAY | Nine | 652,000 | 272,000 | 34,000 |
| 4 | NEWS BREAKFAST-AM | ABC | 585,000 | 200,000 | 13,000 |
| 5 | FRIDAY NIGHT NRL LIVE -POST MATCH | Nine | 585,000 | 186,000 | 32,000 |
| 6 | 9NEWS AFTERNOON | Nine | 570,000 | 290,000 | 21,000 |
| 7 | SEVEN NEWS AT 4 | Seven | 521,000 | 259,000 | 14,000 |
| 8 | HARD QUIZ S3 RPT | ABC | 517,000 | 258,000 | 9,000 |
| 9 | 10 NEWS FIRST | 10 | 496,000 | 225,000 | 12,000 |
| | THE MORNING SHOW | Seven | 492,000 | 219,000 | 20,000 |
| | UNDER THE VINES-EV | ABC | 487,000 | 281,000 | 25,000 |
| 2 | TIPPING POINT UK | Nine | 477,000 | 267,000 | 15,000 |
| 3 | ABC NEWS MORNINGS-AM | ABC | 476,000 | 92,000 | 7,000 |
| 4 | AUST FIA FORMULA ONE WORLD CHAMPIONSHIP 2025 - PRACTICE 1 | 10 | 445,000 | 109,000 | 5,000 |
| • | DAVID ATTENBOROUGH'S MAMMALS | Nine | 434,000 | 162,000 | 11,000 |
| 6 | THE GRAHAM NORTON SHOW | 10 | 430,000 | 129,000 | 7,000 |
| 7 | SUNRISE -EARLY | Seven | 414,000 | 199,000 | 20,000 |
| 8 | TODAY EXTRA | Nine | 400,000 | 145,000 | 21,000 |
| 9 | THE PROJECT | 10 | 396,000 | 157,000 | 9,000 |
| 0 | FRIDAY NIGHT COUNTDOWN | Seven | 387,000 | 195,000 | 14,000 |

Notes

Source:

VOZ 5.0 National Total TV

Total TV includes National Broadcast TV (including 'spill'*) and National BVOD.

Cumulative reach totals:

Reporting 'When Watched'** cumulative reach 1 minute (broadcast TV) and 15 secs (BVOD) for all networks (FTA + STV), 2am to 2am for the 7 days from, and including, the report date.

Broadcast TV reach includes viewers who may have also watched BVOD. BVOD reach includes viewers who may have also watched broadcast TV.

Program results:

- Reporting the Top 30 'What Watched'** Consolidated 7 program results by Primary Description ranked on National Total TV Reach, for programs 10 minutes in length or longer, based on final program log information for Free-to-Air (FTA) channels.
- Viewing to BVOD on demand content is aggregated to the related broadcast TV event that aired first ('First Run'), for all viewing on the day of the 'First Run' broadcast, and also for the subsequent seven research days for Consolidated 7 results. Where BVOD on demand content made available on a research day prior to the research day of the related 'First Run' broadcast TV event, the viewing to the BVOD on demand content on those days is not aggregated to the broadcast TV 'First Run' Consolidation result.
- Where the same program is broadcast across more than one channel on the same network (e.g., simulcast across Primary and Multi channels), the audience estimates are summed.

- * FTA Broadcast TV 'Spill' relates to viewing to broadcast channels transmitted from a market that is outside of the market being analysed. There are some metropolitan and regional markets that overlap. The viewing by people in an overlap area will contribute to the market that the broadcast originates from. The viewing in a non-overlap area to a broadcast from an adjacent market ('spill viewing') is excluded from that market. The National Total TV results in the VOZ reports includes 'spill' viewing that was otherwise excluded from local markets.
- ** 'What Watched' relates to measurement and reporting of viewing to broadcast TV content, whether live or in playback, attributed to the time of original broadcast. 'When Watched' refers to measurement and reporting of viewing to broadcaster content at the time it was viewed. Broadcast TV playback and VOD can be accumulated from content broadcast multiple weeks prior to the reference week.

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For more information on this report you can read the VOZ Guidelines and Frequently Asked Questions on our website **virtualoz.com.au**



P: +61 2 9929 7210 E: info@oztam.com.au W: virtualoz.com.au

Level 6, Suite 1, 111 Pacific Highway, North Sydney NSW 2060 Australia

ABN: 87 089 146 396